

# NEWSPAPER

Volume 3, Issue 1 PUBLISHED BI-MONTHLY

January 2016

## LEWIS-CLARK UNITED OSTOMY ASSOCIATION CHAPTER # 134

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### FOR QUESTIONS AND INFORMATION:

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(208)799-5294

### Calendar of Events

Next meeting will be held on

**January 9<sup>th</sup> 2017**

Conference room A

## Beginning of a New Year

As we reflect on the past year, and the places that it has taken us in life. It has been a year of growth, meeting new people, sharing laughter and tears. As patients and ostomy nurse we have hundreds of stories we could share.

This year we have grown as individuals and as a whole in our office. We have been able to add new equipment, and new storage and we now have what we call our Ostomy Room. Within the walls of this room our amazing team of nurses have top of the line products to tackle your everyday problems that seem to arise over the years.

We have been able to share new pouches, new barriers, bringing some of our experienced ostomies into a New Year. One patient stated that she was given her life back with her new products ,giving her confidence to go out of her house and live life. This warms our hearts to hear that in a life altering time we are able to find a solution and give hope back to you.

We want to thank you for giving us the opportunity to learn and grow. Here is to giving you *The Best Care* for yet another year.

SJRMC Ostomy Clinic

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# RUN FOR RESILIENCE OSTOMY 5K™

Idaho hosted their first **Run for Resilience** in October this year, the 5k run was held in Boise, Idaho. St. Joseph Ostomy Nursing Staff signed up and participated in this run to help raise money and increase awareness about, ostomy and continent diversion surgery around the world. We are dedicated to the making a difference for Ostomates everywhere.



Jolene Tucker, Samantha Musser and Family, and Crystal Dewey were able to attend.





We want to wish you A Merry Christmas and a happy New Year.

### Up and Coming in 2017

- ❖ Ostomy Education Day
- ❖ Organized events for raising money for our local chapter to use for education, scholarships, and the promotion of positive ostomy images.
- ❖ Collaborate with local nursing homes to connect them with support for New and experienced ostomy patients in the area.
- ❖ A Support group in Spokane/ Coeur D'Alene Idaho has put up a web page hosting information, contact resources and newsletters bring us into the digital world. We have a page on this site this is the link: <http://inlandnorthwestosg.com/index.html> (you can type this link into your browser and it will guide you to the new ostomy online page.

Please attend our meetings. (List of 2017 schedule on page 4) If you have questions, or new ideas, information you would like to see in the newsletter or something you might want to lead in the community.

We are looking forward to the New Year and endless possibilities.

THE OSTOMY ASSOCIATION OF AMERICA IS DEDICATED  
TO THE AID AND REHABILITATION OF  
PERSONS WITH OSTOMIES



Ostomy Support Group Meeting

January 9<sup>th</sup>

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Future meetings

March 13<sup>th</sup>

May 8<sup>th</sup>

July 10<sup>th</sup>

September 11<sup>th</sup>

November 13<sup>th</sup>

Support group meetings are held in the  
St. Joseph Regional Medical Center On the second floor

Conference Room A

12:30 to 1:30

September we have our No host luncheon (restaurant to be announced).

## Competitive Bidding Update:

Earlier this year we opposed the Presidential FY 2017 budget proposal to expand Medicare Competitive Bidding to include ostomy and urological supplies. We are working with a coalition to ensure these supplies are not included in competitive bidding. We are pleased to report that as a result of these efforts and conversations at the committee level, the expansion of competitive bidding did not move forward. We continue to closely monitor this issue, and are diligently preparing with the coalition should this arise again, including creating a website that addresses access issues. We will let you know when this website is launched.

### **UOAA Opposes Budget Proposal to Include Ostomy & Urological Supplies in Medicare Competitive Bidding.**

United Ostomy Associations of America is working with a coalition of patient organizations, health care clinicians, and technology manufacturers to address concerns over the President's FY 17 budget provision to expand Medicare's competitive bidding program to ostomy and urological supplies.

Because it is a medical necessity that individuals have access to a properly fitted pouching system, the one-size-fits-all policy that could result from competitive bidding is unacceptable. UOAA has long opposed the inclusion of ostomy supplies in competitive bidding proposals, and will continue to do so in the future.

The coalition's plan to oppose this proposal is on a positive track. It is important that the ostomy and continent diversion community present a united front in addressing this issue with lawmakers. We ask that you connect with us and follow our updates on the progression of this proposal before taking any advocacy action.

Your personal stories highlighting the necessity of specific fittings of ostomy and urological supplies will be an especially powerful tool in convincing lawmakers of the folly of this proposal now and in the future. We will ensure that your voices are heard on this matter, and will call for your support and action at the most opportune time in this process.

Please check back for updates and possible actions to take on this proposal.

taken from the UOAA page:12/30/16 [http://www.ostomy.org/Competitive\\_Bidding\\_of\\_Ostomy\\_Supplies.html](http://www.ostomy.org/Competitive_Bidding_of_Ostomy_Supplies.html)

**LEWISTON-CLARKSTON CHAPTER  
UNITED OSTOMY ASSOCIATION OF AMERICA  
SUPPORT GROUP**

**May Light always surround you;  
Hope kindle and rebound you. May  
your Hurts turn to Healing; Your  
Heart embrace Feeling. May  
Wounds become Wisdom; Every  
Kindness a Prism. May Laughter  
infect you; Your Passion resurrect  
you. May Goodness inspire your  
Deepest Desires. Through all that  
you Reach For, May your arms  
Never Tire.  
D. Simone**



**Questions and Answers**

**What to Ask Your Ostomy Nurse....**

What are some answers you might be looking for?  
Here is a good way to ask your Ostomy Nurse.

1. Write it down and bring it into the Ostomy meeting.
2. Call and ask your local ostomy nurse.
3. Mail in any Questions to the office and we will find the information and place it here in the next News Letter.

c/o. Crystal Dewey

307 St. Johns Way Suite 12

Lewiston Idaho, 83501

4. Email Me any questions  
[crystal.dewey@sjrmc.org](mailto:crystal.dewey@sjrmc.org)

We are always looking to find more information that may help you.

What are you looking for and what would you like to see more of in the newsletter?

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